

-2023-

PLANTERS DAYS BED RACE

Sponsored by

WOODLAND TRUE VALUE

RACE DATE: Saturday, June 17th

PARTICIPANTS: Businesses, families, churches, clubs, etc. are welcome. All ages may participate but, since the race is very fast, it is recommended that teenagers and adults participate. Younger children accompanied by a parent on the team are ok. You need to wear good running shoes. Please no flip-flops, sandals, or bare feet.

RACE CHECK-IN: 3:30 !!! (mandatory for all participants).

RACE START: 4PM

RACE FEE: FREE!

ENTRY DEADLINE: Entry forms will be taken up to 30 minutes prior to race time. If you plan to participate please inform us as soon as possible since this will help in the events planning. Last minute entries are welcome if your team shows for the race 30 minutes prior race start, but you are required to learn the race rules from the printed material because the race officials lack sufficient time to teach all race details at the last minute.

INFORMATION CONTACT: Mike Golik; mikegolik@yahoo.com, cell 360-713-3221, work 360-225- 8331.

RACE UPDATES: Current up to date race information may be found at www.planters-days.com. It is recommended to call or check online prior the race for any last minute changes.

AWARD: Woodland True Value sponsored plaque, AND, bragging rights you won!

Due to an ever-increasing amount of last minute race entries in previous years races and the amount of time it takes to prep racers, we are asking all participants to show up to register/check-in no later than 3:30. We will be starting the race at 4PM and will no longer be able to accommodate spur of the moment last minute entries. As always, it is advisable to turn in your Entry form prior to race day so we can better plan for the race.

RULES OF THE RACE

1. Each team must have 5 people (4 runners and 1 rider). Show up to the race with your whole team ready to race prior to race start time.
2. Officials will provide pajamas for the rider(s) to wear over their regular clothing.
3. **[Please note: this portion of the race may be changed slightly by time of race day].** The starting line will be at the front of the Woodland Fire Dept. building on Davidson Ave. and will be run in the direction toward the railroad tracks. The race will be one full block down and back. The beds will leave the starting line with 4 pushers and one rider wearing the pajamas. Half way through the block (approx. in front of the Moose Lodge), the beds must come to a complete stop in the designated area, and successfully complete a "pajama change" where the rider must exit the bed and remove the pajamas and then hand them to one of the pushers. That pusher must completely and correctly put on the pajamas BY THEMSELVES while the team is positioning to continue on to the end of the block. Once the bed is at the end of the block and at a complete stop (in front of the historic Centennial Building), the entire team (all 5 members) will do a "Chinese Fire-drill" where they ALL must run around the bed a full 360 degrees and then push the bed back towards the starting line. When at the halfway point in the block, another "Pajama Change" must be successfully executed before continuing on to the finish line. Note: the "Pajama Change" is intended to slow the overall speed of the race for safety (not to mention can be just plain entertaining).
4. All members of the team must stay with the bed at all times. The same 5 team members must go through all steps of the race together and finish together, no one can "opt-out", "change-out" or "pass-out" during mid-race. (we want everyone on the team to be equally tired for the next race they will run, LOL).
5. This will be an "Eliminations Race". Two beds will race at once. Winners of a race will race the winners of another race, etc. The last winner of the final race will receive the award.
6. All teams will need to display their name on the bed so that it may be visible to the audience. Card stock (paper) and a pen will be available to make team name signs.
7. Participants are encouraged to decorate themselves and/or their bed to provoke outlandish, silly, sponsored or socially relevant themes. Loaner beds cannot be decorated since many different teams may use the same bed.
8. The use of distraction devices such as water guns, horns, water balloons, megaphones, whistles etc. are okay to use. All such devices must be used in a respectful manner and not to harm or degrade contestants and or the audience.
9. The judge's decision is final.
10. **NOTE: Your safety is very important to us. Please wear good running shoes. Accidents may occur such as falling down on pavement, scrapes, bruises, tripping, collisions, etc. Safety gear to avoid such hazards is recommended.**

BED CONSTRUCTION

1. The frame of the bed racer does not need be of an original bed, but it must mimic a real bed in appearance by having a headboard and footboard.
2. Beds are to have a minimum of four wheels, so situated to make the bed stable and safe. Wheels of any size may be used. You may have swivels, steering, or permanently fixed wheels. Note: fixed wheels are more than adequate.
3. The bed cannot have any means of propulsion or brakes other than provided by the runners. Human power only. No Motors.
4. Beds may not be pulled, only pushed from the sides and/or back.
5. The bed may have push bars, though may not exceed the overall width of the beds wheelbase.
6. The mattress and/or box spring must be a manufactured adult sized bed, i.e., twin, double, queen or king. The minimum mattress/box spring dimensions must be **no smaller than 35"x71"**. This will be strictly enforced. No youth beds, cribs, coffins, bed of roses, or of the like.
7. Any violations of the bed construction guidelines will cost a team a 3 second delay at the start, per violation.
8. **NOTE:** One of the most fun parts of a bed race is building your own bed and putting it to use, but, if you have 5 willing contestants and are not able to build a bed, a "loaner" bed is available for your use. Please inform us prior to the race date if you need to use the loaner bed.

**BEDLAM IN
WOODLAND
NOTICE:**

REGISTRATION:

Due to an ever-increasing amount of last minute race entries in previous years races and the amount of time it takes to prep racers, we are asking all participants to show up to register/check-in no later than 3:30. We will be starting the race at 4PM and will no longer be able to accommodate spur of the moment last minute entries. As always, it is advisable to turn in your Entry form prior to race day so we can better plan for the race.

WAIVER OF LIABILITY:

In order, to keep current with our legal responsibilities we are now requiring all participants to sign the waiver of liability form at check-in time. Any kids under 18 years old must have a parent or legal guardian to sign off on the waiver of liability at time of check in.

SPECIAL NOTE:

For 20 years it has been HIGHLY encouraged and recommended to build your own race bed. Building your own bed enables you to produce a much faster bed than the borrowed bed that Planters days provides. Want the advantage? Build a bed to go faster than the other teams (but according to the rules of course). But as always, if you have no way possible to build a bed, there are "loaner beds" available, but you still need to show up at 3:30 to register.

ENTRY FORM

TEAM NAME:

TEAM CAPTAIN'S NAME:

ADDRESS:

CITY:

STATE:

ZIP:

PHONE #1:

PHONE #2:

E-MAIL ADDRESS:

NOTE: Team Captain is responsible for sign-ups, learning and teaching their team the rules, and making sure team is prepared and abiding by all rules and timelines.

Return entry form via US mail to:

Woodland True Value c/o Planters Days Bed Race

PO Box 160

Woodland, WA 98674

Or return entry form via E-mail to:

mikegolik@yahoo.com

Or hand it in day of race at 3:30

WOODLAND PLANTERS DAYS BED RACE

WAIVER OF LIABILITY

THIS WAIVER OF LIABILITY MUST BE SIGNED BY ALL THOSE PARTICIPATING IN THE EVENT AND RETURNED TO BED RACE OFFICIALS BEFORE THE START OF THE RACE. MINORS NEED LEGAL PARENT/GUARDIAN SIGN FOR THEM.

IN CONSIDERATION OF THE ACCEPTANCE OF MY TEAMS ENTRY FORM FOR THE WOODLAND PLANTERS DAYS BED RACE, I HEREBY PERSONALLY RELEASE ALL ASSOCIATED GROUPS; WOODLAND TRUE VALUE, THE WOODLAND PLANTERS DAYS COMMITTEE, THE CITY OF WOODLAND WASHINGTON, AND ANY PERSON OFFICIALLY OR UNOFFICIALLY CONNECTED WITH THIS COMPETITION, FROM ALL LIABILITY FOR ANY INJURIES OR DAMAGES WHATSOEVER ARISING FROM THIS COMPETITION EVENT.

PLEASE INDICATE YOUR CAPTAIN WITH A STAR (*).

PARTICIPANT #1 _____ DATE: _____

PARTICIPANT #2: _____ DATE: _____

PARTICIPANT #3: _____ DATE: _____

PARTICIPANT #4: _____ DATE: _____

PARTICIPANT #5: _____ DATE: _____